



Pat F O L E Y

PROJECT DIRECTOR • FACILITATOR

*"Change the way you think
and you change the way
you run your life."*

Known for her boundless energy and enthusiasm, Pat Foley's positive outlook on life rubs off on all she meets. Pat joined The Pacific Institute following a successful 20-year career as an employment counselor, where she assisted people in beginning new careers, guided small businesses with Human Resource Planning, and assisted with staff training and development programs.

Since joining The Pacific Institute in 1998, Pat has been instrumental in introducing the Institute's psychology-based programs to leaders in education, business and government agencies, thereby touching thousands of individuals across Canada.

Passionate about The Pacific Institute's concepts and a role model for the education, Pat's vision is to assist as many people as possible to achieve their fullest potential while acquiring work/life balance. As a Project Director and Facilitator, Pat has worked with a diverse group of adults and youth. Her strong commitment to "making a difference" has confirmed a long-held belief that her role is to ensure that there are qualified facilitators in the field of education to carry on with The Pacific Institute's education, whether it be to professionals, students, social service recipients, at-risk kids or K-12 education.

As a speaker, Pat's energy is infectious, with a warm, positive manner and ease in front of a variety of audiences. As a Distinguished Toastmaster, Pat has been Vice President of Membership, Vice President of Public Relations, President and Area Governor.

Pat's ultimate goal is to positively influence as many Canadians as possible to employ the Institute's education to increase their efficacy, set lofty goals, and believe that they can achieve their dreams.

Pat is a Canadian Human Resource Professional, as well as being a National Member of the Canadian Association of Professional Speakers. Making her home in Saskatchewan, Pat is focusing her efforts throughout all of Canada, in the areas of K-12 education, post-secondary education, government and business.



THE PACIFIC INSTITUTE®

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